

Curriculum Vitae



Personal Data

Name	Maria Konstantinovna Pavlova
Title	Prof. Dr. (Lomonosov Moscow State University) habil.
Position	Professor of Psychological Gerontology, University of Vechta, Germany
Date of birth	December 17, 1979
Place of birth	Moscow, USSR
Nationality	Russian Federation

Contact

Institute of Gerontology

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Research Interests

- Civic and political engagement: Psychosocial antecedents and consequences across the life span
- Expectations for active ageing and psychosocial adjustment in old age
- Employment trajectories and mental health across the life span
- Mind wandering from a developmental perspective

Education

2014	<p>Friedrich Schiller University of Jena, Germany</p> <p>Habilitation in Psychology (qualifies for a full professorship)</p> <p>Habilitation thesis: "Paid and unpaid work across the life span: Psychosocial benefits and implications of social change"</p> <p>Scientific colloquium: "Multilevel determinants and developmental significance of leisure activities choice in adolescence"</p>
2006	<p>M. V. Lomonosov Moscow State University, Russia</p> <p>Ph.D. in Developmental Psychology</p> <p>Dissertation: "Correlations between characteristics of psychological development in adolescence"</p> <p>Passed doctoral examinations with excellence</p>
2001	<p>M. V. Lomonosov Moscow State University, Russia</p> <p>Diploma in Developmental Psychology (with honours)</p> <p>Thesis: "Psychological traits of the Russian adolescents of the 1920s: An attempt of reconstruction"</p>
1996	<p>Kapcovy's Gymnasium No. 1520, Moscow, Russia</p> <p>Certificate of complete general education (GPA 4.79, max = 5)</p>
1994	<p>Secondary School No. 1239 (with advanced English), Moscow, Russia</p> <p>Certificate of incomplete general education</p>

Language Skills

Russian	Native
English	Fluent (Cambridge Certificate of Proficiency in English)
German	Fluent

Academic Positions

2017 – present	Professor (W2) of Psychological Gerontology at the Institute of Gerontology, Faculty of Educational and Social Sciences, University of Vechta, Germany
2013 – 2017	Research Associate at the Center for Applied Developmental Science (CADS), University of Jena, Germany
2014 – 2015	Fellow of the international postdoctoral program “Pathways to adulthood” (funded by the Jacobs Foundation)
2010 – 2012	Postdoctoral Fellow at the Jena Graduate School “Human Behaviour in Social and Economic Change” (GSBC), University of Jena, Germany
2009	Docent at the Developmental Psychology Department, Moscow City University of Psychology and Education, Russian Federation
2006 – 2009	Lecturer at the Institute for Modern Psychological Methods, Moscow, Russian Federation
2008	Visiting DAAD scholar at the Center for Applied Developmental Science, July – December, University of Jena, Germany
2006 – 2008	Senior Lecturer at the Developmental Psychology Department, Moscow City University of Psychology and Education, Russian Federation
2005 – 2006	Lecturer at the Developmental Psychology Department, Moscow City University of Psychology and Education, Russian Federation
2003 – 2004	Lecturer at the Department of Psychology and Education, I. M. Sechenov Moscow Medical Academy, Russian Federation

Teaching Experience

2022, SS	Student research project "The consequences of the COVID-19 pandemic for older German adults: Analyses of DEAS data" (seminar for M.A. students), in German, at the Institute of Gerontology, University of Vechta, Germany
2022, SS	Heterogeneity of ageing from a psychological perspective (seminar for M.A. students), in German, at the Institute of Gerontology, University of Vechta, Germany
2020/21, WS	Psychological research on the images of old age – origins and consequences (seminar for M.A. students), in German, at the Institute of Gerontology, University of Vechta, Germany
2019, SS 2020, SS 2021, SS	Psychology of Ageing in Context: Work, Family, Friends and Leisure, in English/German (lecture for B.A. students), at the Institute of Gerontology, University of Vechta, Germany
2019, SS 2020, SS 2021, SS	Motivational, Emotional and Personality Development in Middle and Old Age, in German (lecture for B.A. students), at the Institute of Gerontology, University of Vechta, Germany
2019, SS 2020, SS 2021, SS	Physical Changes and Cognitive Development in Middle and Old Age, in German (lecture for B.A. students), at the Institute of Gerontology, University of Vechta, Germany
2018/19, WS 2019/20, WS 2020/21, WS	Stress and Coping in Old Age, in German (seminar for M.A. students), at the Institute of Gerontology, University of Vechta, Germany
2018/19, WS 2019/20, WS	Self-Regulation Across the Life Span, in German (seminar for M.A. students), at the Institute of Gerontology, University of Vechta, Germany
2018, SS	Psychological Interventions in Gerontology, in German (lecture for B.A. students), at the Institute of Gerontology, University of Vechta, Germany
2017/18, WS 2018/19, WS 2019/20, WS 2020/21, WS	Family Psychology, in German (seminar for M.A. students), at the Institute of Gerontology, University of Vechta, Germany

2017/18, WS	Neurobiological and Psychological Aspects of Age-Related Diseases, in German (seminar for M.A. students), at the Institute of Gerontology, University of Vechta, Germany
2017/18, WS	Psychological Aspects of Ageing (with focus on self-regulation), in German (seminar for M.A. students), at the Institute of Gerontology, University of Vechta, Germany
2017/18, WS	Variability and Plasticity in Old Age (with focus on images of ageing), in German (seminar for M.A. students), at the Institute of Gerontology, University of Vechta, Germany
2017, SS 2018, SS 2019, SS	Productivity and Performance across the Life Span, in German (seminar for M.A. students), at the Institute of Gerontology, University of Vechta, Germany
2017, SS 2018, SS	Developmental Psychology of Middle and Late Adulthood, in German (lecture for B.A. students), at the Institute of Gerontology, University of Vechta, Germany
2017, SS 2018, SS 2019, SS 2020, SS 2021, SS 2022, SS	Psychological Foundations and Theories of Ageing, in German (lecture for B.A. students), at the Institute of Gerontology, University of Vechta, Germany
2016, SS	Psychology of Civic and Political Engagement Across the Life Span, in German (seminar for M.Sc. students), at the Department of Developmental Psychology, Institute of Psychology, University of Jena, Germany
2015, SS 2015/16, WS	Developmental Psychological Counseling, in German (Seminar for B.Sc. students), at the Department of Developmental Psychology, Institute of Psychology, University of Jena, Germany
2014/15, WS	Social Cognitive Development and Social Behaviour in Childhood, in German (seminar for M.Sc. students), at the Department of Developmental Psychology, Institute of Psychology, University of Jena, Germany
2014/15, WS	Emotion Regulation Across the Life Span, in German (seminar for B.Sc. students), at the Department of Developmental Psychology, Institute of Psychology, University of Jena, Germany

2013, SS 2014, SS 2015, SS	Human Development in Times of Social Change, in English/ German (seminar for M.Sc. students), at the Department of Developmental Psychology, Institute of Psychology, University of Jena, Germany
2012/13, WS 2013/14, WS 2015/16, WS	Emotion and Action Regulation Across the Lifespan, in English/German (seminar for M.Sc. students), at the Department of Developmental Psychology, Institute of Psychology, University of Jena, Germany
2012, SS 2014, SS	Developmental Contexts: Leisure, in German (seminar for B.Sc. students), at the Department of Developmental Psychology, Institute of Psychology, University of Jena, Germany
2010/11, WS 2011/12, WS	Theories of Development, in English (seminar for B.Sc. students), at the Department of Developmental Psychology, Institute of Psychology, University of Jena, Germany
2009	Statistical Methods in Psychology, in Russian (practical sessions, graduate and postgraduate levels), at the Developmental Psychology Department, Moscow City University of Psychology and Education, Russian Federation
2006 – 2009	Psychological Theories of Adolescence, in Russian (lectures, graduate level), at the Developmental Psychology Department, Moscow City University of Psychology and Education, Russian Federation
2006 – 2009	Developmental Psychology, in Russian (introductory lectures), at the Institute for Modern Psychological Methods, Moscow, Russian Federation
2005 – 2009	Developmental Psychology, in Russian (seminars, undergraduate level), at the Developmental Psychology Department, Moscow City University of Psychology and Education, Russian Federation
2003 – 2004	Educational and Developmental Psychology, in Russian (lectures for undergraduate medical students), at the Department of Psychology and Education, I. M. Sechenov Moscow Medical Academy, Russian Federation
2003 – 2004	Introductory Psychology, in Russian (seminars for undergraduate medical students), at the Department of Psychology and Education, I. M. Sechenov Moscow Medical Academy, Russian Federation

2000 – 2002 Developmental Psychology, in Russian (as an assistant; seminars, undergraduate level), at the Developmental Psychology Department, M. V. Lomonosov Moscow State University, Russian Federation

Supervised Theses

Supervisor or referee of 50 completed Bachelor theses and 8 completed master theses at the University of Vechta.

Earlier supervisory work:

Gellermann, J. M. (2018). Psychosocial predictors of intentions for civic and political engagement among currently engaged and unengaged individuals. Unpublished master thesis.

Kraus, S. (2016). Wann es sich lohnt optimistisch zu sein – der Einfluss von Optimismus bei der Bewältigung wachsender beruflicher Unsicherheit auf das subjektive Wohlbefinden und das individuelle Einkommen [When it pays off to be an optimist: The influence of optimism in coping with growing occupational uncertainty on subjective well-being and individual income]. Unpublished master thesis.

Troppmann, J. (2016). Zwischen Verlusten und Gewinnen: Die Veränderung psychosozialer Ressourcen im Umgang mit beruflicher Unsicherheit [Between losses and gains: The change of psychosocial resources in the process of coping with occupational uncertainty]. Unpublished master thesis.

Walter, M. (2015). Religiosität und die Flexibilität von Kontrollstrategien im Umgang mit Anforderungen des aktiven Alterns [Religiosity and flexibility of control strategies in coping with demands of active ageing]. Unpublished master thesis.

Heidenreich, A. (2014). Der Umgang mit den Anforderungen des aktiven Alters und subjektives Wohlbefinden im dritten Alter [Coping with the demands of active ageing and subjective well-being in the third age]. Unpublished bachelor thesis.

Recksiedler, C. (2012). Developmental timetables on transitions to adulthood in Eastern and Western German regions after unification. Unpublished diploma thesis.

Мищенко, В. В. (2008). Личностные особенности одаренных младших школьников и адаптация в школе [Personality traits of gifted primary school students and school adjustment]. Unpublished diploma thesis.

Подольская, В. Н. (2008). Учебная мотивация младших школьников и стиль семейного воспитания [Learning motivation of primary school students and parenting style in the family]. Unpublished diploma thesis.

Тишкова, С. Н. (2008). Развитие словесного творчества в подростковом возрасте [The development of verbal creativity in adolescence]. Unpublished diploma thesis.

Refereed and Informally Advised Doctoral Dissertations

Three dissertations are in progress at the University of Vechta.

Körner, A. (2015). Growing uncertainties in the work life and individual psychosocial adjustment: The importance of trait-like well-being, coping responses, and a real work situation. Unpublished doctoral dissertation.

Mahama, S. (2013). Perceived work uncertainties and expectancy-value as predictors of postgraduate intentions in the transition to work among Ghanaian graduates. Unpublished doctoral dissertation.

Андреева, А. В. (2009). Психологические особенности развития духовности студентов коммуникативных специальностей [Psychological aspects of spiritual development in the communication science students]. Unpublished doctoral dissertation.

Владимирова, Ю. Н. (2009). Возрастные и гендерные особенности развития Я-концепции в подростковом возрасте (10–14 лет) [Age- and gender-related aspects of self-concept development in adolescence (10–14 years of age)]. Unpublished doctoral dissertation.

Миняев, А. С. (2009). Психологическая характеристика деятельности детского сообщества в экстремальной ситуации [Psychological characteristics of youth's group activity in an emergency situation]. Unpublished doctoral dissertation.

Улыбин, С. В. (2009). Динамика становления и развития военно-профессиональной мотивации у молодежи, поступающей в военные институты [Emergence and development of military occupational motivation in the military universities entrants]. Unpublished doctoral dissertation.

Зайцев, Ю. А. (2007). Механизмы формирования тревожности в юношеском возрасте [Pathways to anxiety formation in emerging adulthood]. Unpublished doctoral dissertation.

Research Grants and Other Funding

2020	Research grant for the project "Expectations for active ageing: When and how do they influence old-age outcomes?" (36 months), funded by the German Research Foundation (DFG); Co-PI: Klaus Rothermund
2016	Financial support for attendance at the XXXI International Congress of Psychology, July 24 – 29, Yokohama, Japan, granted by the DAAD
2016	Research grant for the project "Psychosocial benefits of civic and political participation across the life span and in a European comparison: Who gains what from which activities, and why?" (36 months), funded by the German Research Foundation (DFG)
2014	Financial support for attendance at the 122 nd Annual Convention of the American Psychological Association, Washington, DC, USA, granted by the University of Jena, Programme "ProChance"
2013	Financial support for attendance at the XVI European Conference on Developmental Psychology, September 3 –7, Lausanne, Switzerland, granted by the University of Jena, Programme "ProChance"
2012	Financial support for attendance at the XXX International Congress of Psychology, July 22 – 27, Cape Town, South Africa, granted by the University of Jena, Programme "ProChance"
2010	Postdoctoral fellowship at the GSBC, University of Jena, Germany, funded by the Federal Programme "ProExzellenz" of the Free State of Thuringia (24 + 11 months)
2009	Financial support for attendance at the XIV European Conference on Developmental Psychology, August 18 – 22, Vilnius, Lithuania, granted by the Jacobs Foundation
2008	Scholarship for a research stay at the Center for Applied Developmental Science, University of Jena, Germany, granted by the German Academic Exchange Service (DAAD), July – December
2007	Financial support for attendance at the XIII European Conference on Developmental Psychology, August 21 – 25, Jena, Germany, granted by the German Research Foundation (DFG)

1999 – 2001 Moscow Major's Scholarship for Excellency in University Studies

Academic Collaborations

2017 – present "Does promoting civic and political engagement in old age contribute to a better quality of life? Two stage-matched RCTs to test a behavior change model of engagement", a grant proposal together with Lisa Marie Warner (Medical School Berlin)

2015 – present "Ageing in a changing society: Multilevel determinants of active engagement and well-being in old age", a project for the SOEP Innovation Sample (with Klaus Rothermund und Rainer K. Silbereisen, Institute of Psychology, University of Jena, Germany)

2015 – 2016 Finnish Educational Transitions Studies (PI: Katariina Salmela-Aro), international cooperation within the postdoctoral program *Pathways to Adulthood*

2012 – 2014 Platform "Democracy research and policy", subproject "Local environment, individual developmental assets, and community potential for civic participation" (funded by the Federal State of Saxony-Anhalt, PIs: Everhard Holtmann, Rainer Silbereisen; project collaborators: Tobias Jaeck, Astrid Körner)

2008 – 2012 Collaborative Research Center 580 "Social developments in post-socialistic societies: Discontinuity, tradition, structural formation" (funded by DFG), cooperation with Research Unit C6 "Psychosocial resources and coping with social change" (PI: Rainer Silbereisen)

Membership in Professional Organizations

2018 – present Deutsche Gesellschaft für Gerontologie und Geriatrie (DGGG)

2017 – present Deutscher Hochschulverband (DHV)

2012 – 2014 Society for the Study of Human Development (SSHD)

2008 – present International Society for the Study of Behavioural Development (ISSBD)

2008 – present European Society for Developmental Psychology (ESDP), since 2011: the European Association of Developmental Psychology (EADP)

Service for Professional Organizations

2018 – 2022	One of the six Speakers of the Committee for Education and Training in Gerontology of the DGGG
2012 – 2014	Emerging Scholar/Publications Committee of the Society for the Study of Human Development (SSHD)
2012	IUPsyS capacity building workshop “Disaster and bereavement in Central Asia”, November 17 – 21, Tbilissi, Georgia, funded by the DAAD (member of the organizing team)

Other Organizational Work

2018 – present	Deputy Speaker and Speaker (since 2020) of Gerontology, University of Vechta
2016 – 2017	Representative of non-professorial university staff at the Board of the Faculty of Social and Behavioural Sciences, University of Jena, Germany
2016	Co-organization of the study visit of a student group from the Moscow State University of Psychology and Education to the Institute of Psychology, University of Jena (supported by the DAAD)
2012 – 2014	Deputy Postdoc Representative at the Board of the Jena Graduate Academy, University of Jena, Germany
2012	Faculty of the GSBC School’s Day on Migration, May 31, Jena, Germany
2011	Organization of the Research Colloquium in the summer semester, Department of Developmental Psychology, University of Jena, Germany
2010	Faculty of the GSBC Summer School on Identity, Innovation, and Aging (Group Aging), September 19 – 26, Oppurg, Germany
2010	Faculty of the PhD Workshop in Developmental Psychology “Development as Action in Context”, June 16 – 18, Dornburg, Germany

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| 2007 – 2009 | Coordination of work on the database on current directions in developmental psychology at Developmental Psychology Department, Moscow City University of Psychology and Education, Russian Federation |
| 2002 | Membership in the Organizing Committee of the IX M. V. Lomonosov International Conference on Basic Research for Young Scholars, April 9 – 12, M. V. Lomonosov Moscow State University, Russian Federation |

Editorial Board Memberships

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| 2015 – present | International Journal of Psychology |
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Ad Hoc Reviews

Applied Research for Quality of Life, Basic and Applied Social Psychology, British Journal of Psychology, Child Development, Developmental Psychology, Disability and Rehabilitation, Emerging Adulthood, Europe's Journal of Psychology, International Journal of Behavioral Development, International Journal of Psychology, International Review of Applied Economics, Journal for the Scientific Study of Religion, Journal of Adolescence, Journal of Community and Applied Social Psychology, Journal of Cross-Cultural Psychology, Journal of Happiness Studies, Journal of Housing for the Elderly, Journal of Personality, Journal of Vocational Behavior, Journal of Youth and Adolescence, Journals of Gerontology: Social Sciences, Nonprofit and Voluntary Sector Quarterly, Oñati Socio-Legal Series, Research on Aging, SAGE Open, Social Indicators Research, Social Inquiry into Well-Being, Social Science and Medicine, Sociological Forum, Stress, Психологическая наука и образование [Psychological Science and Education]

Reviews of Research Grant Applications

Alexander von Humboldt Foundation, Germany; National Science Center, Poland

Workshop Attendance and Additional Training

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| 2013 | Attendance at the workshop "Development of modules/study programs" (with Matthias Schwarzkopf), December 2, LehreLernen, University of Jena |
| 2013 | Attendance at the workshop "Project management for postdocs" (with Peter Wagner), July 1 – 2, Jena Graduate Academy |

- 2011 Attendance at the workshop "Compact course academic teaching" (with Erik Schmidt), July 18 – 20, Jena Graduate Academy
- 2011 Attendance at the workshop "Integrating research findings with meta-analysis" (with Andreas Beelmann), January 31, Jena Graduate Academy
- 2011 Attendance at the workshop "Introduction to statistics with R" (with Erik Sengewald and Axel Mayer), January 24 – 25, Jena Graduate Academy
- 2010 Attendance at the workshop "Writing a success promising proposal for extramural funding" (with Wilma Simoleit), June 28, Jena Graduate Academy
- 2010 Attendance at the workshop "Writing scientific papers in English" (with Verona Christmas-Best), June 16 and 23, Jena Graduate Academy
- 2010 Attendance at the Statistic Workshop (with Alexander von Eye), June 14 – 15, GSBC, Jena
- 2010 Attendance at the workshop "Introduction to hierarchical linear and nonlinear modelling" (with Tenko Raykov), June 5, Jena Graduate Academy
- 2010 Attendance at the pre-conference workshop "Advances in data analytic strategies for the study of close relationships and social groups", the 12th Biennial Conference of the EARA, May 12, Vilnius, Lithuania
- 2010 Attendance at the workshop "Active networking" (with Monica Clausen), April 23, Jena Graduate Academy
- 2009 Attendance at the pre-conference workshop "Methodological Issues in the Analysis of Longitudinal Data", the XIV ECDP, August 18, Vilnius, Lithuania
- 2009 One-trimester course in German language, level B 2.1, September–December, Goethe Institut Moskau (evaluation by the teacher: very good)
- 2008 Attendance at the International Institute of Developmental Science, October 3 – 5, Dornburg, Germany

- 2008 Attendance at the XX Biennial ISSBD Meeting, July 13 – 17, Würzburg, Germany
- 2008 Participation in the Russian–Swiss training programme “Piaget after Piaget”, April 21 – 27, Moscow City University of Psychology and Education, Russian Federation

Other Professional Experiences

- 2018 Presentation at the Institute Colloquium, May 16, Institute of Gerontology, University of Vechta, Germany (Topic: “Does civic engagement protect from excessive alcohol and tobacco use? Findings from the SOEP and the BHPS with age comparison”, in German, with Matthias Lühr)
- 2016 Presentation at the Pathways meeting in Goodenough College, London, UK, on March 15 (Topic: “Cumulative Advantage and Disadvantage in the Working Life: Psychosocial Consequences of Continuous Employment vs. Long-Term Unemployment”)
- 2015 Presentation at the Pathways meeting in Cumberland Lodge, Windsor, UK, on May 21 (Topic: “Warm and supportive parenting dampens civic engagement in the transition to adulthood”, with Mette Ranta)
- 2014 Presentation at the Pathways meeting in Marbach Castle, Germany, on November 14 (Topic: “Social change and youth civic engagement”, with Prof. Dr. Rainer K. Silbereisen)
- 2012 Presentation at the Research Colloquium, July 18, Department of Developmental Psychology, University of Jena, Germany (Topic: “SES, coping with occupational uncertainty, and actual vs. potential civic participation in the former East Germany”, with Prof. Dr. Rainer K. Silbereisen)
- 2012 Presentation at the GSBC Brown Bag seminar, January 25, University of Jena, Germany (Topic: “The role of dispositional optimism in coping with growing occupational uncertainty”, with Prof. Dr. Rainer K. Silbereisen)

- 2011 Presentation at the Research Colloquium, April 6, Department of Developmental Psychology, University of Jena, Germany (Topic: "Do Participation in Voluntary Organizations and Volunteer Work Compensate for the Absence of Work or Partnership?", with Prof. Dr. Rainer K. Silbereisen)
- 2010 Presentation at the Research Colloquium, May 26, Department of Developmental Psychology, University of Jena, Germany (Topic: "Social roles and subjective well-being: Age-graded associations from young to middle adulthood", with Prof. Dr. Rainer K. Silbereisen)
- 2008 Presentation at the Research Colloquium, November 12, Department of Developmental Psychology, University of Jena, Germany (Topic: "Early, on-time, and late transitions to behavioural autonomy and sexual experiences in adolescence: Correlates in young and middle adulthood", with Dr. Claudia M. Haase and Prof. Dr. Rainer K. Silbereisen)
- 2008 Compilation of a reader book on psychological theories on adolescence (published by Moscow City University of Psychology and Education, Russian Federation)
- 2006 – 2007 Copy-editing psychology texts at Academia Publishing House, Moscow, Russian Federation
- 2004 – 2006 Negotiating license agreements on English and German university texts and managing teams of translators at Academia Publishing House, Moscow, Russian Federation
- 2002 – 2004 Commissioning authors of psychology texts at Academia Publishing House, Moscow, Russian Federation
- 2001 – 2005 English–Russian translations of research articles in developmental psychology, personality psychology, psychometrics, and clinical psychology (published as articles and book chapters in Russian journals and handbooks)
- 1999 – 2001 Practical experience as a school psychologist at Moscow Secondary School No. 212, Russian Federation

Publications

Edited Volumes

Ballard, P. J.,* **Pavlova, M. K.**,* Silbereisen, R. K., & Damon, W. (Eds.) (2015). Diverse routes to civic participation across ages and cultures [Special issue]. *Research in Human Development*, 12(1-2).

* Equal contributions.

Articles in Peer-Reviewed International Journals

Pavlova, M. K., Gellermann, J. M., Holtmann, E., Jaeck, T., Körner, A., & Silbereisen, R. K. (in press). Applying the volunteer process model to predict future intentions for civic and political participation: Same antecedents, different experiences? *The Journal of Social Psychology*. doi:10.1080/00224545.2021.1953957

Pavlova, M. K.,* Radoš, S.,* Rothermund, K., & Silbereisen, R. K. (in press). Age, individual resources, and perceived expectations for active aging: General and domain-specific effects. *The International Journal of Aging and Human Development*. doi:10.1177/00914150221112294

* Equal contributions.

Lühr, M., **Pavlova, M. K.**, & Luhmann, M. (2022). Nonpolitical versus political participation: Longitudinal associations with mental health and social well-being in different age groups. *Social Indicators Research*, 159, 865-884. doi:10.1007/s11205-021-02777-6

Lühr, M., **Pavlova, M. K.**, & Luhmann, M. (2022). They are doing well, but is it by doing good? Pathways from nonpolitical and political volunteering to subjective well-being in age comparison. *Journal of Happiness Studies*, 23, 1969-1989. doi:10.1007/s10902-021-00480-4

Pavlova, M. K. (2021). Do workers accumulate resources during continuous employment and lose them during unemployment, and what does that mean for their subjective well-being? *PLoS ONE*, 16, e0261794. doi:10.1371/journal.pone.0261794

Pavlova, M. K., Lühr, M., & Luhmann, M. (2019). Does participation in voluntary organizations protect against risky alcohol and tobacco use? Findings from the UK panel data. *Preventive Medicine Reports*, 14, 100885. doi:10.1016/j.pmedr.2019.100885

Pavlova, M. K., Lühr, M., & Luhmann, M. (2019). Effects of voluntary memberships and volunteering on alcohol and tobacco use across the life course: Findings from

the German Socio-Economic Panel. *Drug and Alcohol Dependence*, 194, 271-278. doi:10.1016/j.drugalcdep.2018.10.013

Lechner, C. M.,* **Pavlova, M. K.**,* Sortheix, F. M.,* Silbereisen, R. K., & Salmela-Aro, K. (2018). Unpacking the link between family socioeconomic status and civic engagement during the transition to adulthood: Do work values play a role? *Applied Developmental Science*, 22, 270-283. doi:10.1080/10888691.2017.1291352

* Equal contributions.

Pavlova, M. K., Lechner, C. M., & Silbereisen, R. K. (2018). Social comparison in coping with occupational uncertainty: Self-improvement, self-enhancement, and the regional context. *Journal of Personality*, 86, 320-333. doi:10.1111/jopy.12317

Pavlova, M. K., & Silbereisen, R. K. (2016). Perceived expectations for active aging, formal productive roles, and psychological adjustment among the young-old. *Research on Aging*, 38, 26-50. doi:10.1177/0164027515573026

Pavlova, M. K., Silbereisen, R. K., Ranta, M., & Salmela-Aro, K. (2016). Warm and supportive parenting can discourage offspring's civic engagement in the transition to adulthood. *Journal of Youth and Adolescence*, 45, 2197-2217. doi:10.1007/s10964-016-0511-5

Ballard, P. J.,* **Pavlova, M. K.**,* Silbereisen, R. K., & Damon, W. (2015). Diverse routes to civic participation across ages and cultures: An introduction [Editorial]. *Research in Human Development*, 12, 1-9. doi:10.1080/15427609.2015.1010341

* Equal contributions.

Körner, A., Lechner, C. M., **Pavlova, M. K.**, & Silbereisen, R. K. (2015). Goal engagement in coping with occupational uncertainty predicts favorable career-related outcomes. *Journal of Vocational Behavior*, 88, 174-184. doi:10.1016/j.jvb.2015.03.001

Note. The author names are in alphabetical order. All authors have contributed equally to this manuscript.

Pavlova, M. K., Körner, A., & Silbereisen, R. K. (2015). Perceived social support, perceived community functioning, and civic participation across the life span: Evidence from the former East Germany. *Research in Human Development*, 12, 100-117. doi:10.1080/15427609.2015.1010351

Pavlova, M. K., & Silbereisen, R. K. (2015). Factual versus potential civic participation in a post-communist region: A typological approach. *Voluntas*, 26, 941-961. doi:10.1007/s11266-014-9483-9

Pavlova, M. K., & Silbereisen, R. K. (2015). Supportive social contexts and intentions for civic and political participation: An application of the theory of planned

behaviour. *Journal of Community & Applied Social Psychology*, 25, 432-446.
doi:10.1002/casp.2223

Pavlova, M. K., & Silbereisen, R. K. (2014). Coping with occupational uncertainty and formal volunteering across the life span. *Journal of Vocational Behavior*, 85, 93-105. doi: 10.1016/j.jvb.2014.05.005

Pavlova, M. K., Silbereisen, R. K., & Sijko, K. (2014). Social participation in Poland: Links to emotional well-being and risky alcohol consumption. *Social Indicators Research*, 117, 29-44. doi: 10.1007/s11205-013-0332-9

Pavlova, M. K., & Silbereisen, R. K. (2013). Dispositional optimism fosters opportunity-congruent coping with occupational uncertainty. *Journal of Personality*, 81, 76-86. doi:10.1111/j.1467-6494.2012.00782.x

Pavlova, M. K., & Silbereisen, R. K. (2012). Age, cumulative (dis)advantage, and subjective well-being in employed and unemployed Germans: A moderated mediation model. *Journal of Occupational Health Psychology*, 17, 93-104. doi: 10.1037/a0026426

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Media Coverage

Holtmann, E., Silbereisen, R. K., Jaeck, T., **Pavlova, M. K.**, & Körner, A. Wasserzeichen. Zusammenhalt in der Flutkatastrophe [Watermarks. Social cohesion during the flooding disaster] (Bild Halle, Mitteldeutsche Zeitung, Volksstimme from 22.02.2014)

On Pavlova et al.'s article in *Journal of Youth and Adolescence*: Does home comfort promote complacency? (Science Daily, 04.06.2016, Phys. Org., 05.06.2016) / Elternliebe macht Jugendliche nicht mitfühlender (Spiegel Online, 04.07.2016) / Erziehung: Zu viel Nestwärme macht träge (Tagesspiegel, 05.07.2016) / Wissenschaft: Forscher: Viel Nestwärme kann träge machen (ZEIT Online, FOCUS Online, BILD, Die Welt, Frankfurter Rundschau, Süddeutsche Zeitung, RTL Online, and many other outlets, 04.07.2016) / Radio interviews for MDR Thüringen and Detector.fm (Forschungsquartett)

On Lühr et al.'s articles in *Journal of Happiness Studies* and *Social Indicators Research*: Stuhler Einrichtungen reagieren verärgert auf neue Ehrenamt-Studien (dk-online, 06.01.2022) / Studie: Ehrenamt führt gar nicht zu höherem Wohlbefinden (News4Teachers, 09.01.2022) / Ehrenamt gibt einen Mehrwert (Weser Kurier, 25.01.2022)

Invited Talks

Kompetenzerwerb Jugendlicher durch ein Freiwilliges Engagement [Youth gaining competence through civic engagement] on November 29, 2016, in Munich, at TALENTUM, the yearly seminar on vocational orientation for parents, teachers, and HR managers. Organized by the Institute for Talent Development and supported by Siemens.

Organized Symposia

Eckstein, K., & **Pavlova, M. K.** (2019, September). *Civic and political engagement across the life span: Contextual influences and consequences for well-being*. Oral symposium conducted at the joint Meeting of the Developmental and Educational Psychology Divisions of the German Psychological Society, Leipzig, Germany.

Pavlova, M. K. (2016, July). *Factors hindering youth civic engagement*. Oral symposium conducted at the 24th Biennial Meeting of the International Society for the Study of Behavioral Development, Vilnius, Lithuania.

Pavlova, M. K. (2015, August). *Die Vielfalt der Wege zu bürgerschaftlichem Engagement über die Lebensphasen und Kulturen hinweg* [The diversity of routes to civic engagement across life stages and cultures]. Oral symposium conducted at the 22th Meeting of the Developmental Psychology Division of the German Psychological Society, Frankfurt am Main, Germany.

Pavlova, M. K., & Silbereisen, R. K. (2013, September). *Civic engagement in adolescence and beyond*. Oral symposium conducted at the XVI European Conference on Developmental Psychology, Lausanne, Switzerland.

Conference Presentations

Pavlova, M. K. (2022, September). *Sample size calculation for randomized controlled trials with dynamic wait-listed design using a Monte-Carlo simulation in Mplus*. Paper presented at 52nd Congress of the German Psychological Society, Hildesheim, Germany.

Radoš, S., & **Pavlova, M. K.**, with Rothermund, K., & Silbereisen, R. K. (2022, September). *Psychological characteristics of oneself and one's proximal environment that contribute to perceiving expectations for active aging*. Paper presented at 52nd Congress of the German Psychological Society, Hildesheim, Germany.

Radoš, S., & **Pavlova, M. K.**, with Rothermund, K., & Silbereisen, R. K. (2022, July). *Is it all in your head? Perceived expectations for active ageing are associated with one's own psychological make-up rather than with that of close others*. Paper presented at the conference Ageing as Future, Jena, Germany.

Pavlova, M. K. (2021, July). *Psychosocial resources and subjective well-being in workers with different employment histories*. Paper presented at the XXXII International Congress of Psychology, Prague, Czech Republic (online).

Lühr, M., **Pavlova, M. K.**, & Luhmann, M. (2019, September). *Fördern nichtpolitische und politische Freiwilligenarbeit psychosoziale Ressourcen und das subjektive Wohlbefinden von älteren Erwachsenen in Deutschland?* [Does nonpolitical and political volunteering foster psychosocial resources and subjective well-being in German older adults?]. Paper presented at the symposium „Lebensqualität und Ressourcen bei Älteren mit und ohne Demenz“ (Chair: Andrea Teti) at the Biennial Meeting of Sections III and IV of the German Society of Gerontology and Geriatrics, Berlin, Germany.

Lühr, M., **Pavlova, M. K.**, & Luhmann, M. (2019, September). *Is volunteering more beneficial in older age? Evidence from the German Socio-Economic Panel*. Paper presented at the symposium „Civic and political engagement across the life span: Contextual influences and consequences for well-being“ (Chairs: Katharina Eckstein, Maria K. Pavlova) at the joint Meeting of the Developmental and Educational Psychology Divisions of the German Psychological Society, Leipzig, Germany.

Pavlova, M. K. (2019, April). *Kontinuität in Erwerbsverläufen und Selbstständigkeit in der zweiten Lebenshälfte: Zusammenhänge mit ökonomischen und psychosozialen Ressourcen. Befunde aus dem German Socio-Economic Panel* [Continuity in employment trajectories and self-employment in the second half of life: Links to economic and psychosocial resources. Findings from the SOEP]. Paper presented at the Yearly Meeting of the Institute of Gerontology, University of Vechta, Germany.

Gellermann, J. M., & **Pavlova, M. K.** (2018, September). *Psychosocial predictors of intentions for civic participation: The roles of participation type and prior experience*. Paper presented at 51st Congress of the German Psychological Society, Frankfurt am Main, Germany.

Lühr, M., **Pavlova, M. K.**, & Luhmann, M. (2018, September). *Does civic participation protect from substance use? Findings from the German Socio-Economic Panel*. Paper presented at 51st Congress of the German Psychological Society, Frankfurt am Main, Germany.

Pavlova, M. K., Lühr, M., & Luhmann, M. (2018, September). *Schützt bürgerschaftliches Engagement gegen übermäßigen Alkohol- und Tabakkonsum im Alter? Befunde aus dem SOEP*. [Does civic engagement protect against excessive alcohol and tobacco consumption in old age? Findings from the SOEP] Paper presented at the German Congress of Gerontology and Geriatrics, Cologne, Germany.

Pavlova, M. K. (2018, July). *Employment status duration, psychosocial resources, and well-being: Any evidence for cumulative (dis)advantage?* Paper presented at the 13th International German Socio-Economic Panel User Conference, Berlin, Germany.

Pavlova, M. K., & Lühr, M., with Luhmann, M. (2018, April). *Does civic engagement protect youth from substance abuse? Analyses of panel data from Germany and the UK*. Paper presented at the symposium “Is Civic Engagement Good for Youth? Examining the Benefits of Civic Engagement using Longitudinal Methods” (Chair: Laura Wray-Lake) at the Biennial Meeting of the Society for Research on Adolescence, Minneapolis, USA.

Körner, A., Lechner, C. M., **Pavlova, M. K.**, & Silbereisen, R. K. (2016, July). *Goal Engagement in Coping With Occupational Uncertainty Predicts Favorable Career-Related Outcomes*. Paper presented at the symposium "Developmental Regulation in Education and Employment Transitions" (Chairs: Ingrid Schoon, Katariina Salmela-Aro) at the 24th Biennial Meeting of the International Society for the Study of Behavioral Development, Vilnius, Lithuania.

Pavlova, M. K. (2016, July). *Continuous Employment Produces Cumulative Advantage in Psychosocial Outcomes, Whereas Continuous Unemployment Produces Cumulative Disadvantage*. Paper presented at the XXXI International Congress of Psychology, Yokohama, Japan.

Pavlova, M. K. (2016, September). *Cumulative Advantage and Disadvantage in the Working Life: Psychosocial Consequences of Continuous Employment vs. Long-Term Unemployment*. Paper presented at the 50th Congress of the German Psychological Society, Leipzig, Germany.

Pavlova, M. K., Silbereisen, R. K., Ranta, M., & Salmela-Aro, K. (2016, July). *Can Warm and Supportive Parenting Discourage Civic Engagement? Puzzling Questions Leading to Puzzling Answers*. Paper presented at the symposium "Factors Hindering Youth Civic Engagement" (Chair: Maria K. Pavlova) at the 24th Biennial Meeting of the International Society for the Study of Behavioral Development, Vilnius, Lithuania.

Pavlova, M. K., Silbereisen, R. K., Ranta, M., & Salmela-Aro, K. (2016, September). *Kann elterliche Wärme und Unterstützung zu geringerem bürgerschaftlichem Engagement bei jungen Erwachsenen führen? [Can Warm and Supportive Parenting Lead to a Lower Civic Engagement in Young Adults?]* Paper presented at the symposium "Familiäre Einflüsse auf die Entwicklung politischer Einstellungen und Verhaltensweisen" (Chairs: Katharina Eckstein, Burkhard Gniewosz, and Horst Biedermann) at the 50th Congress of the German Psychological Society, Leipzig, Germany.

Pavlova, M. K., Silbereisen, R. K., Ranta, M., & Salmela-Aro, K. (2016, July). *Positive Parenting Is Not a Cure-All: Evidence for Its Negative Effects on Civic Engagement in the Transition to Adulthood*. Paper presented at the XXXI International Congress of Psychology, Yokohama, Japan.

Sortheix, F. M., Lechner, C. M., **Pavlova, M. K.**, Silbereisen, R. K., & Salmela-Aro, K. (2016, July). *Extrinsic Work Values Partly Explain the Detrimental Effect of Low Family SES on Civic Engagement During the Transition to Adulthood*. Paper presented at the symposium "Factors Hindering Youth Civic Engagement" (Chair:

Maria K. Pavlova) at the 24th Biennial Meeting of the International Society for the Study of Behavioral Development, Vilnius, Lithuania.

Pavlova, M. K., Körner, A., & Silbereisen, R. K. (2015, September). *Family, Friends, and Community: Their Significance for Civic Participation Across the Life Span*. Paper presented at the XVII European Conference on Developmental Psychology, Braga, Portugal.

Pavlova, M. K., Körner, A., & Silbereisen, R. K. (2015, August). *Bürgerschaftliches Engagement über die Lebensspanne: Zusammenhänge mit Wohlbefinden in verschiedenen Kontexten* [Civic engagement across the life span: Associations with positive functioning in different contexts]. Paper presented at the symposium "Die Vielfalt der Wege zu bürgerschaftlichem Engagement über die Lebensphasen und Kulturen hinweg" (Chair: Maria K. Pavlova) at the 22th Meeting of the Developmental Psychology Division of the German Psychological Society, Frankfurt am Main, Germany.

Recksiedler, C., **Pavlova, M. K.**, & Silbereisen, R. K. (2015, August). *Becoming an Adult in East and West Germany: A Comparison of Transition Timing*. Paper presented at the 110th Annual Meeting of the American Sociological Association, Chicago, IL, USA.

Pavlova, M. K., & Silbereisen, R. K. (2014, August). *Perceived expectations for active aging and adjustment in the German young-old*. Poster presented at the 122nd Annual Convention of the American Psychological Association, Washington, DC, USA.

Pavlova, M. K., & Silbereisen, R. K. (2013, September). *Coping with occupational uncertainty and civic participation in younger, middle-aged, and older adults*. Paper presented at the symposium "Civic Engagement in Adolescence and Beyond" (Chairs: Maria K. Pavlova and Rainer K. Silbereisen) at the XVI European Conference on Developmental Psychology, Lausanne, Switzerland.

Pavlova, M. K., & Silbereisen, R. K. (2012, July). *Cumulative disadvantage explains age divergence in well-being between employed and unemployed Germans*. Paper presented at the XXX International Congress of Psychology, Cape Town, South Africa.

Pavlova, M. K., & Silbereisen, R. K. (2012, July). *Dispositional optimism and coping with growing occupational uncertainty*. Paper presented at the XVI European Conference on Personality, Trieste, Italy.

Pavlova, M. K., & Silbereisen, R. K. (2012, April). *Supportive family and community contribute to East Germans' willingness to be civically and politically engaged*. Paper presented at the II International Multidisciplinary Conference "Political and Civic Participation", University of Surrey, Guildford, UK.

Pavlova, M. K., & Silbereisen, R. K. (2011, August). *How German young-old perceive new activation demands*. Poster presented at the XV European Conference on Developmental Psychology, Bergen, Norway.

Pavlova, M. K., & Silbereisen, R. K. (2010, July). *Normative achievements of young adulthood and subjective well-being: Does personality play a role?* Poster presented at the XV European Conference on Personality, Brno, Czech Republic.

Pavlova, M. K. (2010, May). *Subjective salience of age-normative developmental tasks in Russian adolescents*. Poster presented at the XII Biennial Conference of the EARA, Vilnius, Lithuania.

Pavlova, M. K., Haase, C. M., & Silbereisen, R. K. (2009, August). *Timing of behavioural autonomy in adolescence and its long-term correlates*. Poster presented at the XIV European Conference on Developmental Psychology, Vilnius, Lithuania.

Павлова, М. К. (2007, November). *Благополучие взаимоотношений и успешность решения основных задач развития в подростковом возрасте* [Positive relationships and successful tackling of central developmental tasks in adolescence]. Paper presented at "Всероссийская научно-практическая конференция: Ребенок в обществе", Moscow, Russian Federation.

Pavlova, M. K. (2007, August). *Correlational structure of different aspects of psychological development in adolescence*. Poster presented at the XIII European Conference on Developmental Psychology, Jena, Germany.

Павлова, М. К. (2005, March). *Использование программной среды Visual Basic for Applications для анализа больших массивов данных психологического исследования* [Using Visual Basic for Applications to facilitate data analysis in psychological research]. Paper presented at "XII Международная конференция студентов и аспирантов по фундаментальным наукам: Ломоносов", Moscow, Russian Federation.

Павлова, М. К. (2002, October). *Реконструкция психологических особенностей российских подростков середины 1920-х годов* [Reconstructing psychological traits of Russian adolescents of the 1920s]. Paper presented at "Психология и ее приложения", Moscow, Russian Federation.

Павлова, М. К. (2001, April). *Методология исторического исследования в возрастной психологии* [Historical inquiry methods in developmental psychology]. Paper presented at "VIII Международная конференция студентов и аспирантов по фундаментальным наукам: Ломоносов", Moscow, Russian Federation.

Vechta, September 27, 2022